"We moved to Athens as a family," said an islander, "my mother, her sisters and brothers, my grandfather, all the family." The Greek family is extensive, and in each case the term must be examined to find out what it includes. Second and third cousins are often in contact, and responsibility is felt for them also. They form links in the chain of relationship, so that personal contacts can be initiated. If a boy goes to Athens to attend the university, "if he has no uncles or other relatives, he rents a room". A Greek giving news usually speaks of "we" and the stock phrase beginning a letter is addressed to the plural "you", and refers to "we".

The father is in authority and he must be obeyed by all. A mother must be obeyed by the children, except when the oldest son has assumed the headship of the family. Older brothers are to be obeyed by the younger siblings. In conservative groups a son, whatever his age, has to be circumspect in the presence of his father; he may not smoke in his presence if the father objects to smoking. A father may not revel with his grown son at the tavern, and a considerate man, finding his son there, leaves the place. A wife waits upon her husband, and does not question his acts. If he fails her, if he becomes a drunkard or gambles away the family money, her *philotimo* will not allow her to reveal this, except, perhaps, to the priest. This is a matter of role and loyalty; it is not subservience. Greek women by tradition wait upon men, expect them to drink from the fountain first and to cross the bridge ahead of them; this does not make for inferiority, just as it does not make the American man inferior to wait for his wife to enter first, or to bring her water. The mother is a powerful and dominant figure, upholding fortitude and *philotimo*, sustaining her children in moral strength. There is no chivalry toward her in the village because there is respect for her. If her husband rides the only donkey, which she brought as dowry, while she walks behind him to the fields, it is because he considers her strong and able to do so. In the folk songs, girls are jealous of their rivals because they can wait on the man they love; this is the coveted role.

The relatives-by-marriage, the *sympetherica*, are also important in the Greek relationship group, and the older brother-in-law often functions as an older brother. The whole family is therefore concerned with the marital arrangements of the individual. Arranged marriages, with great stress on the dowry, were the rule until recent years, and are still common. The dowry persists, even when the marriage is individually arranged, and often interferes with higher education for the girls; money is spent for the sons' education, but must be saved for the daughters' dowry. Whether the dowry is demanded or not by the groom's family, it is to the honour of the bride's family to give it. In conservative areas and circles, girls still meet young men only in groups, still communicate with them only with their eyes or in secret correspondence and secret meetings; however, there is

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584 882 increasing freedom in the lives of young people, particularly in Athens. Yet here too the web of relationships and extended responsibility is so widespread that the family, in effect, has its eyes on the young people wherever they go.

MATERNAL AND CHILD CARE

842 The Greeks love children. Boys are generally preferred; traditionally, sons are a sign of family vigour. Besides, a family not only loses its daughters, it has to pay out property with them. Childlessness is a terrible calamity, and the woman is held responsible. People say "the poor man", pitying the husband for his wife's sterility. A recent magazine report on current scientific discoveries combats this belief, telling its readers that potent men have been found to be sterile and that therefore wives are not always at fault for the childlessness of the family. Women fear to have anything done to their reproductive organs and will accept "maternity difficulties" without asking for medical help, lest this might somehow harm their fertility. A book 581 on maternal and child care, *For the Mother*, urges that before marriage, both family histories be examined for possible sterility.

For the Mother urges young people to choose mates with a view to progeny. As a sanction, it mentions that the ancient Greeks urged eugenic marriages; and that the term "eugenics" was invented by Xenophon. Young people are advised to see a doctor before making the final decision. They are further advised to choose according to firmness of flesh and orderliness of features and limbs, for seriousness tempered with cheerfulness, for optimism implemented by effective energy. Marriage with kin, and with people having family histories of tuberculosis, syphilis, alcoholism, psychasthenia, is to be avoided.

843 According to this manual, a young woman beginning a pregnancy is expected to notice first an indisposition, accompanied by the non-appearance of the menses: this the husband diagnoses for her with great joy. Next come the food whims and the nausea, and this is the time to go for obstetrical advice. The first two months are the critical ones for the life of the embryo; therefore, a mother is urged to take a vacation in the second month. After that she may resume her normal activities, taking care only to avoid over-exertion and jerky movements [515] In the last month she should not immerse herself in bathing, because of the danger of infection; for the same reason, she should avoid sexual intercourse in the last three weeks. In the last two weeks she [513] should avoid all exertion. She should sleep eight to ten hours daily during her pregnancy, never more, lest she become listless and melancholy. She should avoid large social gatherings, she should not play cards, she should drink nothing stronger than light wine, she should eat meals as balanced as is consistent with her means and her